

# **PROSPECTS AND CAREER IN HOME-SCIENCE**

**DEPARTMENT OF HOME-SCIENCE,  
UNIVERSITY OF RAJASTHAN,  
JAIPUR**

- **Home-science is an interdisciplinary course covering a wide range of subjects and presents a blend of Science and Art.**
- **Home-science is a scientific course of study which moulds a student with a variety of life skills.**
- **The subject is recognized as professional course and requires its students to have a logical approach towards life.**

**Home-science is an important area of study and has 5 major areas of specialization:**

- **FOODS AND HUMAN NUTRITION**
- **FAMILY RESOURCE MANAGEMENT**
- **FABRIC AND APPAREL SCIENCE**
- **HUMAN DEVELOPMENT & FAMILY**
- **DEVELOPMENT COMMUNICATION & EXTENSION.**

# **FOODS AND NUTRITION**

- **The most upcoming branch in Science stream**
- **Awareness about right food, lifestyle and health has resulted in students becoming more inclined towards the field of Home Science.**
- **There are lots of career opportunities in this field and it is one of the top career choices made by the students.**

# CAREER OPTIONS

## NUTRITION

- Food Preservation and Food Production (Processing) Industry
- Consultant for Sports Nutrition
- Dieticians in Hospitals and Health Centres
- Consultant for Public Health Nutrition
- Entrepreneur for Baking , Tiffin centres and other nutritional products
- Food technology for Pharmacy and other products
- Research and Development
- Advisors and Consultants to Government for Developmental Programs

# **HUMAN DEVELOPMENT AND FAMILY**

**Child welfare, adolescence, marriage & family guidance, care of the elderly, and care of special children, are burning issues. There are good number of professional opportunities in programs and interventions related to these issues.**

# CAREER OPTIONS

- **HUMAN DEVELOPMENT & FAMILY**
- Family & Child Counseling
- Early Childhood education & Care
- Handling population with special Needs
- Geriatric Care
- Personality Development

# **FAMILY RESOURCE MANAGEMENT**

- **Issues related to the management of resources- Human resource- energy, time, money. Interior and Space Design, and Consumer education and Ergonomics.**



# CAREER OPTIONS

- **FAMILY RESOURCE MANAGEMENT**
- Entrepreneurship Management
- Interior Designing
- Event Management
- Budgeting for home and Events
- Gardens & Landscaping

# **FABRIC AND APPAREL SCIENCE**

- **With changing fashion technology, coming up of textile parks, and skill development in traditional textiles and designing, there are good number of avenues in clothing construction, fashion, garment designing, merchandising and care & maintenance of cloths.**

# CAREER OPTIONS

- **TEXTILES AND CLOTHING**
- Textile & Apparel Designing
- Garment Production
- Merchandising
- Fashion Designing
- Fashion technology

# **DEVELOPMENT COMMUNICATION AND EXTENSION**

**Today we are living in the world of communication. Ample of scope is there in areas like media for communication, program planning and evaluation, training & capacity building and management of community service organizations.**

# CAREER OPTIONS

- **Govt./NGOs including health care organizations and consultancies.**
- **Consultancy in developmental programs, market research, and media production & management.**
- **A home scientist can also go for reaching profession and research.**
- **Home-science has not only been recognized at National level, but also at inter-national level. A good number of home scientists are serving in UN agencies and inter-national NGOs.**

**If you have the skill and knowledge  
on 5 disciplines of Home Science, you  
have either wage or self employment  
opportunity.**

# **BE ECONOMICALLY INDEPENDENT**

- **Students are strongly advised to consider this course of education,**
- **as it will definitely provide them career of their choice and if not interested in career,**
- **it would make the individual complete and help to start her own business.**

# Some of Our Alumni and their Professions

- **Academia** : Ruby Jain, Kanika Varma, Amita Attlee, Ila Joshi, Shubha Dube, Nimali Singh, Ritu Mehra, Smita Dixit, Gunjan Bhatt, Shailja Minocha, Swati Vyas, Tejender Kaur Sarna, Richa Chaturvedi, Namita Soni- to name a few
- **Entrepreneur** : Hema Ahuja, Archana Jain, Rita Gupta, Monika Kumbhat, Anjana Magon, Aditi Malhotra, Reema Mathur, Surekha Gangwal,
- **CA/CS/Financial Managers** :Pratibha Badaya
- **Law** :Sonal Mehta, Swati Kumawat
- **Trainers & Counselors** : Satinder Kaur, Neerja Srivastava, Priyanka Shah,
- **Dieticians (Hospitals)**: Namita Pngariya, Priyanka Rohatagi, Shweta Rastogi, Medhavi Gautam, Vineeta Gupta
- **Weight Reduction Centres**: Maryada Bhargava, Gunjan, Richa,
- **Master Chef Semi Finalist** : Vinita Kaler
- **Consultants to International Organization**: Prof Pooja Talikoti, Dr Nimali Singh, Dr Molshree Rathore Dr Deepali Prasad



Thank you

